

Edith. R. Mugedya

Harare, Zimbabwe
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Professional Profile

Detail-oriented Safety, Health, Environment and Quality (SHEQ) Officer with hands-on experience in legal compliance, workplace safety inspections, hazard identification, contractor compliance and risk assessments within demanding operational environments. Skilled in supporting site safety, Permit-to-Work systems, incident investigations, and ISO 9001, ISO 22000, ISO 45001 and ISO 14001 compliance, building integrated management systems that hold up under audit. Currently deepening ISO management systems expertise, ahead of further study through OSHEMAC commencing in 2027.

Professional Experience

Introwise Commercial Catering

01 July 2026 - Present

Safety, Health, Environment and Quality Officer

- Develop, implement and maintain integrated management systems aligned with ISO 9001, ISO 14001, ISO 22000 and ISO 45001 within the food industry.
- Ensure legal and regulatory compliance through workplace inspections, risk assessments, incident investigations, audits and monitoring of food safety, SHEQ and hygiene standards across multiple operational sites.
- Develop and review SHEQ procedures, SOPs, corrective actions and HACCP-based food safety controls to support operational efficiency and continuous improvement.
- Maintain accurate compliance documentation, facilitate SHEQ training and awareness programmes, and coordinate with clients, contractors and operational teams to strengthen compliance culture and reduce workplace risks.
- Drive audit readiness and minimise non-conformances, strengthening food safety and quality systems across sites.
- Promote a proactive safety culture that supports operational excellence and client satisfaction.

Introwise Commercial Catering

08 August 2025 - 30 June 2026

Safety, Health, Environment and Quality Graduate Trainee

- Developed, implemented and supported integrated management systems aligned with ISO 9001, ISO 14001, ISO 22000 and ISO 45001 standards within the food industry.
- Supported legal and regulatory compliance through workplace inspections, risk assessments, incident investigations and audits across multiple operational sites.
- Assisted in developing and reviewing SHEQ procedures, SOPs and HACCP-based food safety controls.
- Maintained compliance documentation and supported SHEQ training and awareness programmes.
- Contributed to improved audit readiness and reduced non-conformances during the traineeship, leading to appointment as SHEQ Officer.

Hunyani Paper and Packaging

01 November 2023 - 01 September 2024

Risk and Safety Intern

- Conducted routine SHEQ inspections and risk assessments to ensure compliance with safety, health, environmental, and quality requirements.
- Monitored adherence to ISO standards, legal regulations, PPE requirements, and safe work procedures across operational sites.
- Supported implementation of Permit-to-Work systems, hazard controls, and corrective actions for high-risk activities.

- Participated in incident investigations, near-miss reporting, and root cause analysis to enhance workplace safety and prevent recurrence.
- Maintained SHEQ documentation, audit records, inspection reports, and compliance registers to support internal and external audits.
- Facilitated safety inductions, toolbox talks, and SHEQ awareness initiatives to strengthen compliance culture and improve operational performance.
- Led fire defence, fire equipment inspection, monitoring and evaluation.
- Coordinated emergency preparedness planning and training for Emergency teams (SHE Reps, First Aiders, Fire Fighters), and facilitated drills.
- Carried out plant and equipment inspections, hazard identification and risk assessment.
- Delivered safety inductions for new employees, contractors and visitors.
- Monitored hygiene across ablution facilities, changing rooms, canteen and clinic.
- Facilitated SHEQ awareness programmes and trainings.
- Supported loss control and facilitated insurance claims for company losses.
- Oversaw pest control, solid and liquid waste management and onsite effluent treatment.
- Monitored and evaluated resource utilisation, including water and energy (fuel, electricity).

Education

University of Zimbabwe BSc Honours in Occupational and Environmental Health Degree Class - Upper Second Class (2.1)	2021-2025
Marlborough High School Advanced Level 3 A'Level passes	2019-2020
Bradley High School Ordinary Level 11 O'Level passes including English and Maths	2015-2018
OSHEMAC (Occupational Safety, Health, Environment Management) <i>Further study planned to deepen ISO management systems expertise.</i>	Commencing 2027

Core Skills

- Hazard Identification and Risk Assessments (HIRA)
- Integrated Management System (ISO 9001, ISO 14001, ISO 45001) development, implementation and compliance tracking
- Permit-to-work systems (hot work, confined space, working at heights)
- Incident investigation and root cause analysis (RCA)
- SHEQ training, toolbox talks and inductions
- Machine, traffic and mobile equipment, manufacturing and process safety
- Manual handling and ergonomics risk control
- Fire safety and emergency preparedness
- Environmental and waste management compliance
- Tracking, analysing and maintaining SHE Key Performance Indicators (KPIs), including LTIFR to support continuous safety improvement

Certifications

- ISO 45001:2018 Occupational Health and Safety Management Systems Training – Quality and Environment Consultancy, 2026
- Basic Industrial First Aid Training – Red Cross, 2026
- Basic Fire Fighting and Emergency Response Training – Fireman House, 2026

References

Mr D Muza - Introwise Commercial Catering and Site Facilities Management

Safety, Health, Environment and Quality Officer

Dereck@introwise.co.zw

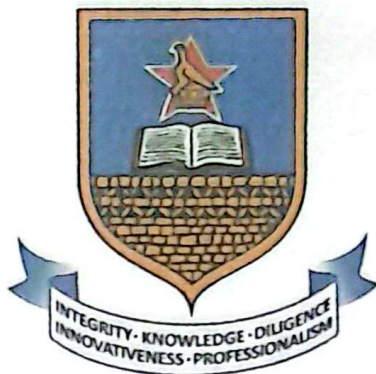
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Mr T Hlatshwayo - Hunyani Paper and Packaging

Risk and Safety Officer

t.hlatshwayo@hunyani.co.zw

0779 095 445



UNIVERSITY OF ZIMBABWE

**FACULTY OF MEDICINE AND HEALTH
SCIENCES**

**Bachelor of Science Honours Degree in
Occupational and Environmental Health**

WE HEREBY CERTIFY THAT

Edith Ruvarashe MUGEDYA

completed an approved programme, and having satisfied the Examiners, has this day been awarded a Bachelor of Science Honours Degree in Occupational and Environmental Health.

Research Focus Area: *Occupational Health*

Degree Classification: *Upper Second Class*


Vice-Chancellor

Professor Dr Paul Mapfumo




Registrar

Dr. Munyaradzi Madambi

Date: 2 August 2025

UZ 0020063





UNIVERSITY OF ZIMBABWE

Academic Transcript

STUDENT: MUGEDYA EDITH RUVARASHE

DATE AND PLACE OF BIRTH: 03/02/2002 HARARE ZIMBABWE

PROGRAMMES ATTENDED AND DATES: BACHELOR SCIENCE HONOURS DEGREE IN
OCCUPATIONAL AND ENVIRONMENTAL
HEALTH
AUGUST 2021 TO JUNE 2025

PROJECT TITLE: PREVALENCE OF MASCULOSKETAL
DISORDERS AMONG WATER FETCHING
WOMEN IN BUDIRIRO

MONTH AND YEAR	EXAMINATION AND MODULES	GRADES (SEE KEY)
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JUNE 2022	BACHELOR SCIENCE HONOURS DEGREE IN OCCUPATIONAL AND ENVIRONMENTAL HEALTH	
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PART 1 EXAMINATION

IDMH101	INFORMATION AND DIGITAL SKILLS	3
OEH101	ENVIRONMENTAL HEALTH 1	2.1
OEH102	ANATOMY AND HUMAN PHYSIOLOGY	2.1
OEH103	MEDICAL MICROBIOLOGY	1
OEH104	EPIDEMIOLOGY, BIostatISTICS AND RESEARCH METHODS 2.1	1
LAICMHND101	LANGUAGE ACQUISITION AND INTERCULTURAL COMMUNICATION - BEGINNERS NDEBELE	2.1
OEH105	OCCUPATIONAL SAFETY AND HEALTH I	1
OEH106	ENVIRONMENTAL AND OCCUPATIONAL HEALTH LAW I	1
OEH107	OCCUPATIONAL AND ENVIRONMENTAL TOXICOLOGY I	1
OEH108	EPIDEMIOLOGY, BIostatISTICS AND RESEARCH METHODS 1	II
OEH109	OCCUPATIONAL HYGIENE	1
SDLSMH101	STUDENT DEVELOPMENT AND LIFE SKILLS	2.1

DECISION: PASS : PROCEED

JUNE 2023	BACHELOR SCIENCE HONOURS DEGREE IN OCCUPATIONAL AND ENVIRONMENTAL HEALTH	
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Deputy Registrar (Academic)

No. 037873

see reverse side for key to grades

PART 2 EXAMINATION

OEH201	ENVIRONMENTAL HEALTH II	1
OEH202	OCCUPATIONAL SAFETY AND HEALTH II	2.1
OEH203	EPIDEMIOLOGY, BIOSTATISTICS & RESEARCH METHODS 3	2.1
OEH204	ENVIRONMENTAL AND OCCUPATIONAL HEALTH LAW II	2.1
OEH205	ENVIRONMENTAL IMPACT ASSESSMENT	1
OEH206	HEALTH PROTECTION AND PROMOTION	2.1
OEH207	OCCUPATIONAL AND ENVIRONMENTAL TOXICOLOGY 2	1
CCLSMH201	CRITICAL CONSCIOUSNESS AND LIFE SKILLS	3
LAICMHND102	LANGUAGE ACQUISITION AND INTER-CULTURAL COMMUNICATION - INTERMEDIATE NDEBELE	1
OEH208	COMMUNITY HEALTH DEVELOPMENT	1
OEH209	PUBLIC HEALTH PRACTICE	2.2
OEH210	ECOLOGY AND ECOSYSTEMS	2.1
OEH211	CLIMATE CHANGE AND HEALTH	2.1
OEH212	WATER, SANITATION AND HYGIENE	1
OEH213	EPIDEMIOLOGY, BIOSTATISTICS AND RESEARCH METHODS 2.1 IV	2.1
RISMH202	RESEARCH AND INNOVATION SKILLS	1
SDLSMH201	STUDENT DEVELOPMENT AND LIFE SKILLS	3

DECISION: PASS : PROCEED

JUNE 2024

BACHELOR SCIENCE HONOURS DEGREE IN OCCUPATIONAL AND ENVIRONMENTAL HEALTH

PART 3 EXAMINATION

OEH301	INDUSTRIAL ATTACHMENT	1
SDLSMH301	STUDENT DEVELOPMENT AND LIFE SKILLS	2.1

DECISION: PASS : PROCEED

JUNE 2025

BACHELOR SCIENCE HONOURS DEGREE IN OCCUPATIONAL AND ENVIRONMENTAL HEALTH

PART 4 EXAMINATION

EPECPMH301	ENTREPRENEURSHIP, PROFESSIONAL ETHICS COMMUNICATION AND PHILOSOPHY	2.1
LAICMHND201	LANGUAGE ACQUISITION AND INTERCULTURAL COMMUNICATION - ADVANCED NDEBELE	1
OEH401	SAFETY, HEALTH, ENVIRONMENT AND QUALITY MANAGEMENT SYSTEMS	2.1
OEH402	DISASTER RISK MANAGEMENT	1
OEH403	MEAT HYGIENE	2.1
LAICMHPO301	LANGUAGE ACQUISITION AND INTERCULTURAL COMMUNICATION: BEGINNERS PORTUGUESE	1
LAICMHPO302	LANGUAGE ACQUISITION AND INTERCULTURAL COMMUNICATION: INTERMEDIATE PORTUGUESE	1
LAICMHPO401	LANGUAGE ACQUISITION AND INTERCULTURAL COMMUNICATION : ADVANCED PORTUGUESE	2.1



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OE11404	DISSERTATION	2.1
OE1405	MONITORING AND EVALUATION OF PUBLIC HEALTH	1
OE11406	PORT HEALTH	1
OE1407	PROJECT PLANNING AND MANAGEMENT	1
SDLSMH401	STUDENT DEVELOPMENT AND LIFE SKILLS	1

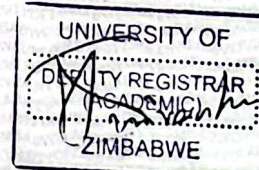
OVERALL DECISION: PASS : GRADUATE

DEGREE CLASSIFICATION: 2.1

DISTINCTIONS/HONOURS/PRIZES AWARDED: NONE

AWARDED THE BACHELOR SCIENCE HONOURS DEGREE IN OCCUPATIONAL AND ENVIRONMENTAL HEALTH IN THE UPPER SECOND CLASS ON THE 2ND OF AUGUST 2025

12 AUGUST 2025



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